

190
Calories

15g
Plant
Proteins

21
Vitamins

10
SERVINGS
FRUITS &
VEGGIES

74
TRACE
MINERALS

7
Grams
Fiber

BRAIN
HEALTH

PLANT
BASED

No
Artificial
Flavors

Delicious!

 **Natural
Energy**

**KETO
Friendly**

**Active
Aging**

**NON-
DAIRY**

**FOOD
AS
MEDICINE**



28% JUICE

Nutrition Facts

1 Serving Per Container
Serving Size 8oz (237ml)

Amount per serving		% Daily Value*
Calories	190	
Total Fat 7g		9%
Saturated Fat 5g		25%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 230mg		10%
Total Carb 21g		8%
Dietary Fiber 7g		25%
Total Sugars 6g		
Added Sugars 0g		
Protein 15g		26%

Vitamin D 14mcg 70% • Iron 17mg 96%
Calcium 180mg 14% • Potassium 40mg < 2%

Vitamin A 642mcg RAE 70%	Vitamin K 86mcg 70%
Vitamin C 64mg 70%	Vitamin B6 1mg 70%
Vitamin E 11mg 70%	Vitamin B12 2mcg 70%
Thiamin (B1) 1mg 71%	Zinc 8mg 70%
Riboflavin (B2) 1mg 71%	Selenium 39mcg 70%
Niacin (B3) 11mg 70%	Copper 1mg 70%
Folate 285mcg DFE 70%	Manganese 2mg 70%
Biotin 21mcg 70%	Chromium 25mcg 70%
Pantothenic acid 4mg 70%	Molybdenum 32mcg 70%
Magnesium 50mg 12%	

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