

190
Calories

15g
Plant
Proteins


Natural
Energy

Delicious!

**KETO
Friendly**

**Active
Aging**

**NON-
DAIRY**

**FOOD
AS
MEDICINE**

21
Vitamins

10
SERVINGS
FRUITS &
VEGGIES

74
TRACE
MINERALS

7
Grams
Fiber

**No
Artificial
Flavors**

**BRAIN
HEALTH**

**PLANT
BASED**



28% JUICE

Nutrition Facts

1 Serving Per Container
Serving Size 8oz (237ml)

Amount per serving
Calories 190

% Daily Value*

Total Fat	7g	9%
Saturated Fat	5g	25%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carb	21g	8%
Dietary Fiber	7g	25%
Total Sugars	6g	
Added Sugars	0g	
Protein	15g	26%

Vitamin D 14mcg 70% ♦ Iron 17mg 96%
Calcium 180mg 14% ♦ Potassium 40mg < 2%

Vitamin A 642mcg RAE 70%	Vitamin K 86mcg 70%
Vitamin C 64mg 70%	Vitamin B6 1mg 70%
Vitamin E 11mg 70%	Vitamin B12 2mcg 70%
Thiamin (B1) 1mg 71%	Zinc 8mg 70%
Riboflavin (B2) 1mg 71%	Selenium 39mcg 70%
Niacin (B3) 11mg 70%	Copper 1mg 70%
Folate 285mcg DFE 70%	Manganese 2mg 70%
Biotin 21mcg 70%	Chromium 25mcg 70%
Pantothenic acid 4mg 70%	Molybdenum 32mcg 70%
Magnesium 50mg 12%	

FRUVE®

FRUVE COMPLETE PROTEIN+

Bringing New Life & Innovation to Active Aging

WWW.FRUE15.COM



[drinkFrUve](https://twitter.com/drinkFrUve)



[drinkFrUve](https://www.instagram.com/drinkFrUve)



[@drinkfruve](https://www.facebook.com/drinkfruve)

